

The Consumer & Family Advocacy Council

Meeting Minutes
September 10, 2007

Consumer & Family
Advocacy Council
447 East Broad St.
Columbus, OH 43215
614.224.1057



Laura Thielbar
President



Aleta Lopez
Vice President



David Weaver
Secretary



Phil Hedden
ADAMH Consumer
and Family Advocate

Present: CFAC Members (See Sign-in Roster)

Staff: Phil Hedden, Consumer and Family Advocate, Carla Darnell, Network Services Manager, Nettie Ferguson, Network Services Manager, Corinne McManus, Director Public Affairs, Elaine Haines, Director of Housing

August 2007 meeting minutes—Aleta L. Minutes were approved with the addition of the pet therapy piece which was presented by Connie S. Vanessa welcomed everyone and introductions were made. New sign-in roster was presented and emphasized that people try to not only put what population group they are representing but also what agency they or their family member is / was receiving services from. This was again emphasized as people are still not filling out the sign-in sheets properly. People were also asked how they knew about CFAC and how they were introduced to the group. It was explained again that we are trying to track who is providing feedback to CFAC so we can target underrepresented groups in order to get more diversity involved in the group. Attendance roster was completed much more thoroughly for this meeting.

News, Views, and Announcements & CFAC Sharing

- Discussion on need for back-up officers on the Executive Committee as the President and Secretary were absent today. The Vice President was late but reviewed minutes and directed the meeting after introductions were made. This will be brought up at the next Executive Committee meeting which will be held on September 20, 2007 at 3 p.m.
- Connie S. read a song that was very reflective and shared this with the group.

Special Presentations:

Corinne McManus, Director Public Affairs, ADAMH

Corinne explained concepts of our Visual Performance workgroup at the board and the purpose for this group and then provided a tour for the CFAC group with all the new visual enhancements that have been added on the first floor including: CFAC area which will have pictures of Executive Committee members and an area to display their literature, consumer art, photographs, history wall, and other improvements. CFAC members were also given a sign-up sheet if they were interested in attending the Open House at the Board on Tuesday, September 25 in order to celebrate and demonstrate these changes. A reception will be held from 4 p.m. - 5:15 p.m. and the program will occur between 5:15 p.m. – 5:30 p.m. If interested in attending, please R.S.V.P. Alisha Evans at 222-3767.

Carla Darnell, Network Services Manager, ADAMH

Agency Services Plan Review Job Description presented to group to explain what all was involved in reviewing Agency Services Plans. A sign-in sheet was passed around the group and 10 people volunteered to be involved in the Agency Services Plan Review workgroup at the Board. There will be 2 training options for Consumer and Family members who are involved in this process. Both training options occur on October 2. One option is from 1:30 p.m. - 2:30 p.m. and the other is from 4:30 p.m. - 5:30 p.m.

Nettie Ferguson, Network Services Manager, ADAMH

Nettie explained her duties at the Board in working with Prevention Providers in the ADAMH Network of Care. She also explained evidence-based practices model. Her most recent newsletter which she shares with the Prevention Providers Network was passed out to all members. She also explained Risk Reduction model and discussed suicide prevention and HIV prevention services. There was a discussion of alternative activities which are school based in order to decrease violence in the schools and make them a safer place.

Elaine Haines, Director of Housing, ADAMH

Elaine discussed her duties at the Board regarding housing and involvement with CMHA, CHN, Community Shelter Board, Board members and Community meetings. She mentioned this is the first time that monies have gone directly into housing from Levy dollars. She discussed the extremely long waiting list with CHN and CMHA. She mentioned that there were 9,000 people on CMHA waiting list and that this has been closed now and they are not accepting any new people on their waiting list. She mentioned that it is estimated that 43% of the population in Franklin County rent. She also discussed Priority categories for housing if someone is on a wait list. She informed the group that people being discharged from the hospital that are homeless and that people who meet "homeless criteria" are also a priority. Elaine mentioned that a consumer is working with her on the next phase of the Strategic Housing Plan which was recently completed in making the Housing Plan Operational. A copy of the Strategic Housing Plan will be kept in the CFAC office which is located outside of Phil's office for review.

Committee Reports:

Executive Committee –It was emphasized that there is a need for backups with Executive Committee members as the President was not here for the meeting and the Secretary. The Vice President came in late and chaired the meeting. The meeting was started by the Volunteer Coordinator Vanessa E. A discussion will also occur at the next Executive Committee meeting on September 20 regarding the need to train people who are interested in being involved at the Executive Committee level in the future so they can get an idea of what is involved with each position. It will be stressed that those that are interested should attend the executive committee meetings when they occur to get an idea of what all is involved.

Volunteer Assessment Committee—Vanessa mentioned that she would like to develop a speaker's bureau before her contract is up in November and train at least 4-6 people on how to speak to a group regarding CFAC. She would like people to shadow her when she is speaking in the community. Two people have volunteered up to this point but we need more people. Different committees were discussed in order to give people an idea of how they can get involved on a deeper level.

Marketing Committee—Ingrid mentioned that there was good participation at the Tomato Festival recently. Ingrid is also sharing information regarding upcoming events that CFAC would want to have their booth and display board. Phil mentioned the process of submitting an order form through the proper channels for approval in order to get Leadership Monies to assist in this process.

Education Committee—Katie mentioned that the **RECOVERY and ADVOCACY training will be held at the P.E.E.R. center on October 27 from 1 p.m. – 4 p.m. and that those interested should contact the P.E.E.R. center to RSVP at 251-7829**

P.E.E.R. Center— There have been **516** unique visitors to the Center as of **9/14/07**. This represents an increase of **11** new individuals who have utilized the Center since our last report.
Site Update: Nothing to Report.

Collaboration Committee— Involvement still is occurring with the P.E.E.R. center on the 3rd Thursday of every month with the Birthday Bash. Also, there has been involvement in sharing cost and space with NAMI FC at different community events for booth and display opportunities.

CIT Training—Neal and Phil— Phil mentioned that a family panel was held on September 18 and there were five family members sharing their stories and sharing their experience with law enforcement and what they thought would be helpful when approaching a person with mental illness. The group was well received by the officers and this was a very good experience. Andy S. and Pam L. were new to the family panel and are members of CFAC. They did a great job.

ADAMH Involvement Committee—New member (Melissa W.), referred by Phil to CFAC became involved immediately in working with Elaine Haines on operationalizing her new Strategic Housing Plan.

Sunshine—Thanks from Aleta for sending get well card. There was some discussion on about the Sunshine committee being more involved in the Birthday Bash at the P.E.E.R. Center.

Clinical Directors—No Report

Liaison Committee—Neal mentioned that he would be glad to meet with members individually if they are interested in being on a board as the attendance for this workgroup has not been good. A member did give me her resume and mentioned she would like to talk to Neal regarding this. I mentioned I would pass her resume onto Neal and inform him she was interested.

Next meeting is Monday, October 1, from 4:30 p.m. – 6 p.m.