

# The Consumer & Family Advocacy Council

## Meeting Minutes November 5, 2007

Consumer & Family  
Advocacy Council  
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Columbus, OH 43215  
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Laura Thielbar  
President



Aleta Lopez  
Vice President



David Weaver  
Secretary



Phil Hedden  
ADAMH Consumer  
and Family Advocate

**Present:** CFAC Members (See Sign-in Roster—29 members in attendance including several new members)

**Staff:** Phil Hedden, Consumer and Family Advocate; Nettie Ferguson, Network Services Manager

**October 2007 meeting minutes—Laura.** Minutes were approved unanimously. Laura welcomed everyone and introductions were made. New sign-in roster was presented and emphasized that people need to not only put what population group they were representing but also what agency they or their family member was receiving services from. This was again emphasized as people were still not filling out the sign in sheets properly and also because there were several new people in attendance for this meeting. People were also asked how they knew about CFAC and how they were introduced to the group. It was explained again that we are trying to track who is providing feedback to CFAC so we can target underrepresented groups in order to get more diversity involved in the group.

### News, Views, Announcements & CFAC Sharing

- MHA of Franklin County annual meeting to be held on 11/13.
- ADAMH Board of Franklin County Annual meeting to be held on 12/10 from 5:30-7 p.m. at Columbus State Community College at the Center for Workforce Development. Those interested in attending should contact Public Affairs Dept. at the ADAMH Board at 222-3751.
- CFAC will again be assisting TVBH with their Christmas Gift List and trying to fill it. Members can bring gifts for November and December's meeting to help with this. I am attaching a list so people know what to bring in.
- Art Lynn Award forms were handed out and people interested in completing the forms were informed to return them to ADAMH Public Affairs Dept. with their nominee for the award.

### Pam Leerman, Ohio Consumers Council, Outreach and Education Specialist Special Information and Educational Speaker:

- Pam shared information on PIPP (Percentage of Income Payment Plan), HEAP (Home Energy Assistance Program) and Lifeline Assistance program, which helps consumers obtain or keep local telephone service were discussed.
- I am also submitting an ENERGY ASSISTANCE PROGRAMS APPLICATION FORM WITH THE MEETING MINUTES SO CONSUMERS CAN COMPLETE AND SUBMIT THIS IF THEY QUALIFY FOR THE PROGRAMS.

**Committee Reports:**

**Executive Committee** –Budget discussed and need for more people to attend trainings and also using the monies for marketing materials and events. CFAC Banner is still in the works. Give aways were also discussed for Community Events. Tri-fold brochures were shared with the group Name Tags need ordered. Incentives were discussed to do public speaking events. By-Laws will be reviewed and protocol for back-up Officers is needed if cannot attend meetings.

**NOMINATION FOR OFFICERS AND ELECTIONS WILL TAKE PLACE IN DECEMBER'S MEETING ON MONDAY,12/3/07 FROM 4:30-6 P.M. THIS WILL ALSO BE THE HOLIDAY MEETING.**

**ORIENTATION FOR NEW MEMBERS 11/28 FROM 4:30-5:30 AT ADAMH.**

**Volunteer Assessment Committee**—Speaker's bureau is still under development and one of the members mentioned that she would volunteer to lead the orientation. We need to schedule speaking engagements with community groups and mental health centers in order to keep the momentum moving forward from the progress that has been made in getting CFAC information out in the community. Different committees were discussed in order to give people an idea of how they can get involved on a deeper level. I mentioned it was important for new members to fill out their Volunteer Profile forms so we could match them with proper workgroups and committees for involvement in a deeper level if they desire that. There are 48 new members on the roster added during the past year.

**Marketing Committee**—Caregiver Fair Sponsored by Area Agency on Aging on 11/12 will be at the Franklin Park Conservatory. Women's and Family Expo 12/1 and 12/2 at Vets Memorial and Ingrid still needed some slots filled. I mentioned the process of submitting an Order form through the proper channels for approval in order to get Leadership Monies to assist in this process. NAMI sent a thank you note to CFAC for helping with the NBC-4 Health Expo.

**Education Committee**— Recovery and Advocacy Program on 10/27 at the P.E.E.R. Center was an excellent presentation. Three speakers assisted: Thelma Rist speaking on Recovery; Stephanie Rich speaking on Effective and Assertive Communication; Pat Washburn from OLRs speaking about rights and advocacy. Twenty people attended. Thanks to all members of the Education Committee: Ann S. , Laura T. , Dana P., Indrid S., John S., and Ron W.

**P.E.E.R. Center**— P.E.E.R. Center calendar and Partners calendar was also available. Both calendars were handed out. Partners also would like to do a report every month and this was approved. Partners representative informed the group that they will be moving soon and that they will be having their Holiday Party at Thompson Rec. Center in December. Partners representative working on development of Electronic Calendar which can be put on ADAMH web site as is the P.E.E.R. Center calendar. Birthday Bash occurs at 5 p.m. the 4<sup>th</sup> Thursday of every month.

**Collaboration Committee**— Involvement still occurring with the P.E.E.R. center on the 4<sup>th</sup> Thursday of every month with the Birthday Bash. Also involvement in sharing cost and space with NAMI FC at different community events for booth and display opportunities. Also looking into ODMH sharing cost for events.

**CIT Training**—Neal and Phil—New training coming up the week of November 5-9<sup>th</sup>.

**ADAMH Involvement Committee**—No report.

**Sunshine**—Card needs sent to Katie F. roommate Peggy.

**Clinical Directors**—Discussed revolving door cycle of people being discharged too quickly from hospital and ending up back in the hospital after a short time in the community. Discussed need for step down housing.

**Liaison Committee**—Neal mentioned that he would be glad to meet with members individually if they are interested in being on a board as the attendance for this workgroup has not been good. It was mentioned that people should attend their agency board meetings to get an idea of what occurs at the meetings.

**NEXT MEETING: HOLIDAY MEETING, ELECTIONS AND NOMINATIONS - December 3, from 4:30-6 p.m.**