

The Consumer & Family Advocacy Council

**Meeting Minutes
July 2, 2007**

Consumer & Family
Advocacy Council
447 East Broad St.
Columbus, OH 43215
614.224.1057



Laura Thielbar
President



Aleta Lopez
Vice President



David Weaver
Secretary



Phil Hedden
ADAMH Consumer
and Family Advocate

Present: CFAC Members (See Sign-in Roster)

Staff: Phil Hedden, Consumer and Family Advocate, Corinne McManus, Director Public Affairs, Aimee Jo Robson, Public Information Officer, Alisha Evans, Public Affairs Assistant

Guests: Diane Tobias, Bureau of Vocational Rehabilitation, Pam Buford, COVA

June 2007 meeting minutes—Laura T. Minutes were approved. Laura welcomed everyone and introductions were made. New sign in roster was presented and emphasized that people tried to not only put what population group they were representing but also what agency they or their family member was receiving services from.

News, Views, and Announcements & CFAC Sharing

- Katie informed the group with a brief synopsis of the “Treatment for Borderline and Other Personality Disorders” training she attended and handed the group out a two-page summary document of key points regarding the training. (IRT) Interpersonal Reconstructive Therapy was discussed along with its core values and the fundamental idea of IRT.
- Katie also shared information about the “Out of the Shadows” event on June 23 at the P.E.E.R. Center. 27 people attended the event. MHA supplied the DVD. This event included a movie regarding RECOVERY and also a Panel discussion in which a consumer, a social worker and a psychiatrist were involved. There was also a family member on the panel but that person did not show up to the event. Three educational handouts were also given out.

Objectives of the event were:

- Raise participants’ level of hope for recovery
- View the documentary film about one family’s experiences living with a parent diagnosed with paranoid schizophrenia
- Audience participation through questions and answers with a panel of experts
- Stigma Busting
- Provide community mental health resources for consumers and family members

Katie shared a four-page document regarding the highlights of the event. This was a good marketing event and there could possibly be five new members to CFAC as a result. This was also a very good collaborative event with the P.E.E.R. Center.

- Laura and Vanessa shared information on the NAMI National Convention that they attended. “Ask the Dr.” session on brain research was discussed and also marketing tools that are being used by NAMI. Laura and Vanessa will bring more information to the group when the Power Points from the conference are placed on line. Sessions on Veterans, Re-Entry programs for offenders were also attended.
- A New Day—Transforming Mental Health Care in Ohio June Newsletter was passed out to members. “Network of Care” Website has specific tools in each of their mission areas and is applauded by NAMI.
 - “Research and education in the form of a library of over 30,000 current health articles; support in the form of a local directory of services; a secure area to keep personal records; and access to local legislative information.” “The Network of Care is consumer-friendly and culturally-responsive and is uniquely positioned to carry out our shared vision by effectively linking consumers, family members and services providers in local communities.”
- Ohio Advocates for Mental Health Annual Meeting August 17-19 at Sheraton Cincinnati North Hotel
- MACC Annual Conference September 20-21 at Columbus State Community College

Presentations:

Diane Tobias, Bureau Vocational Rehabilitation

Presentation on how BVR works and the criteria needed to be considered for BVR Services.

1. Presence of substantial limitations to employment
 2. Can the person benefit from services to become competitively employed as an outcome. Must be capable of going back to work.
 3. Do they need services from Vocational Rehabilitation to gain an employment outcome?
- 9% of the consumers of VR services go to college and that uses 23% of the entire budget.

Pam Buford, COVA

Shared information on Careers for the Future program. Orientation time frames for the group in which Barb Schmitzer leads were handed out in a flyer and occur every Tuesday and Thursday at 1:30 p.m. and registration is not required for this event. Rehabilitation Readiness is a four-week program that helps people decide if they are ready to go back to work. This schedule was also given to the group. She also stated that on Tuesdays and Thursdays from 10 a.m. – noon, they have a computer class. Pam also announced that the COVA ice cream social is July 12 from 3:30 p.m. - 7:30 p.m.

Committee Reports:

Executive Committee –Meetings are held the third Thursday of every month from 3 p.m. - 4:30 p.m. at ADAMH and everyone is welcome.

Volunteer Assessment Committee—Initial CFAC Orientation held on 7/11 and Volunteer profiles were completed by new members and turned in.

Liaison Committee—Next meeting is September 10 at 3:30 p.m. at the Board to discuss issues and criteria for being a board member.

Marketing Committee—Ingrid passed a sign- up sheet regarding availability to attend public events and 7 people volunteered.

Education Committee—Next meeting is July 19, from 2 p.m. – 3 p.m. at ADAMH. NAMI Walk pictures and previous information on “Out of the Shadow” event shared with group. Possibly have a CFAC team involved in the Suicide Prevention Walk in September.

P.E.E.R. CENTER— There have been **429** unique visitors to the Center as of 6/29/07. This represents an increase of 14 new individuals who have utilized the Center since our last report.

CIT Training—Neal—Phil will be assisting with Family Panel. Next CIT Training will be 9/17.

Member Tracking Committee—Calls were made to members to remind them of the CFAC Orientation on 7/11 from 5 p.m. – 6 p.m.

Cooperation Committee— No Report.

Sunshine Committee—Not aware of any cards that need sent.

ADAMH Involvement Committee—Housing Focus Group was held on 7/17 from noon - 1:30 p.m. and on 7/18 from 5 p.m. - 6:30 p.m. and there were about 80 consumer and family members involved both days. This was a very good turnout. Initial ADAMH Staff Training occurred on how to work with CFAC Volunteers on 7/11 from 2:30 p.m. - 3:30 p.m. and training received good evaluations.

Laura adjourned the meeting and socialization occurred until 6:30p.m.

Next meeting is Monday, August 6 from 4:30 p.m. – 6 p.m.