

The Consumer & Family Advocacy Council

Consumer & Family
Advocacy Council
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Laura Thielbar
President



Aleta Lopez
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David Weaver
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Phil Hedden
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Meeting Minutes February 4, 2008

Present: CFAC Members (See Sign-in Roster—17 members were in attendance according to the sign-in sheet but this did not match the self identification of Consumer/Family Members and Both Categories. These categories indicated there were more in attendance and this would be more accurate. In March, we will discuss this again at the beginning of the meeting to ensure a more accurate count of attendance.

Staff: Phil Hedden, Consumer and Family Advocate, Nettie Ferguson, Network Services Manager, Carla Darnell, Network Services Manager

January 2008 meeting minutes—Laura. Minutes were approved unanimously. Laura welcomed everyone and introductions were made. New sign-in roster was presented and it was emphasized that people need to not only put what population group they are representing but also what agency they or their family member are / was receiving services from. This was emphasized again because there were several new people in attendance for this meeting. People were also asked how they knew about CFAC and how they were introduced to the group. It was explained again that we are trying to track who is providing feedback to CFAC so we can target under-represented groups in order to get more diverse involvement in the group.

News, Views, Announcements & CFAC Sharing

- Laura reported on the Bullying Conference and discussed making the parents more accountable regarding their children's behavior
- Information shared regarding the Movie "Canvas." This movie is based on a true story, is family-oriented, and can help reduce stigma associated with mental illness. NAMI is selling the video for \$27.95 and CFAC may be able to use this movie as a discussion tool at upcoming CFAC-sponsored events.
- The group thanked President Laura T. for the cupcakes and decorations she provided.
- The new CFAC banner was set-up and displayed and the group unanimously thought it was well done.
- Full council was informed that a retreat will take place in May to discuss goals for the next year.

Committee Reports:

Executive Committee—Bylaws will be discussed regarding what it constitutes to be a member. There needs to be some requirements in place so members know when they qualify to use CFAC leadership monies. Discussion of upcoming retreat in May will occur and more specifics will be presented at next full council meeting.

Marketing Committee—Ingrid mentioned she will be meeting with the Public Affairs Department to discuss this upcoming year's community calendar of events.

A volunteer advocacy group that promotes education, support, empowerment and activism of consumers and families within the mental illness and addiction recovery services in Franklin County.

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Education Committee—Katie was not available but gave her full report to Phil Hedden to share with the group. Thanks to the greeters this month: Ann and John S., Nancy D. Please continue to stop and get a name tag each meeting so people will get to know each other by name and face.

Thanks to all who contributed to the Winter Newsletter. Next newsletter is being compiled for the May issue. Please give items to Katie or Phil on/or by the April 7, 2008 CFAC meeting. Collections of poems, commentaries, articles and pertinent educational information is welcome. It is currently not feasible to do a monthly newsletter, but if anyone is interested in helping, please contact Katie with your name and phone number. Also keep Katie informed if you have any suggestions for the consumer section of the ADAMH Web site.

NAMI FC will be hosting the annual Walk for the Minds of America. It is a fundraiser and awareness walk. CFAC has a walking team called “The Mighty Marchers for Mental Health.” Everyone can join! Katie will have a sign-up sheet for persons wishing to wear a team t-shirt on the day of the event. T-shirts are only \$5 each and are subsidized by Katie’s family. If \$5 is a hardship, please discuss this with Katie. These shirts will also be great to wear when working a CFAC booth at a community event. Kickoff event is 2/29 at Buckeye Hall of Fame Café at 11:30 a.m.

**WALK: SATURDAY, MAY 3 AT FRED BECKMAN PARK, OSU WEST CAMPUS
9 A.M. REGISTRATION, 10 A.M. WALK
LOTS OF FUN!!**

Education programs for June and October are in the planning stages. If you know of a topic or good speakers, please let Katie or Laura know.

Next Education committee meeting 2/14 from 2-3 p.m. at ADAMH. Glad to have you join us!!

P.E.E.R. Center—Calendar handed out to members. Advisory Board will be initiated. Projected relocation at the end of May. Application to be on Advisory Board will be handed out.

Partners—Calendar handed out but no representative at meeting from Partners to give a report. Michael L. mentioned that flowers could be donated to their new building to welcome them.

Collaboration Committee—Groups are continuing to work with NAMI

CIT Training—Event to be held later this month and will be reported in March’s full council meeting.

ADAMH Involvement Committee—All ADAMH committees and workgroups currently have CFAC representation and Phil Hedden will ensure that members are notified when another committee is developed to ensure consumer or family members are represented. Consumer and ADAMH STAT committees have revolving representation. New member for Visual Mgmt. Workgroup is Jeanne W. It is important to receive returned voluntary profiles from new members so they can be placed in appropriate workgroups.

Sunshine—Get Well card sent to Pam S after her surgery. Aleta needs more cards and stamps. Letter from former Consumer and Family Advocate Jason Lai was read to the group and was well received and welcomed by the group.

Clinical Directors—New housing discussed as needed since two hospitals are shutting down.

Liaison Committee—Training on what is involved in being on a board was discussed as being beneficial for possible Advisory Board members applying for P.E.E.R. Center Advisory Board.

NEXT MEETING: MONDAY, MARCH 3, 2008, FROM 4:30-6 P.M.

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