

# The Consumer & Family Advocacy Council

**Meeting Minutes  
August 6, 2007**

Consumer & Family  
Advocacy Council  
447 East Broad St.  
Columbus, OH 43215  
614.224.1057



Laura Thielbar  
President



Aleta Lopez  
Vice President



David Weaver  
Secretary



Phil Hedden  
ADAMH Consumer  
and Family Advocate

**Present:** CFAC Members (See Sign-in Roster)

**Staff:** Phil Hedden, Consumer and Family Advocate, Carla Darnell, Network Services Manager

**Guests:** Liban Bule, Case Manager, Southeast, Inc.

**July 2007 meeting minutes—Laura T.** Minutes were approved. Laura welcomed everyone and introductions were made. New sign-in roster was presented and emphasized that people try to not only put what population group they are representing but also what agency they or their family member is receiving services from. This was again emphasized as people are still not filling out the sign-in sheets properly. It was explained again that we are trying to track who is providing feedback to CFAC so we can target underrepresented groups in order to get more diversity involved in the group.

#### **News, Views, and Announcements & CFAC Sharing**

- Banner in process of being developed for CFAC with a Logo and this was presented to the group. We are welcoming ideas from the group on a logo for CFAC.
- Announcement made regarding Ohio Advocates for Mental Health (OAMH) conference coming up August 17-19 in Cincinnati. Brochures handed out to those interested. Some members have received scholarships to attend the conference.
- Guidelines for obtaining CFAC leadership monies were shared with the group. Differentiation was made between CFAC leadership monies and Scholarship monies in which any consumer can use for training purposes.
- Dispatch article was discussed regarding shortage of psychiatric inpatient beds for treatment of the mentally ill.
- Handouts were provided by CS regarding Alcohol monitoring device that is being used across the United States. CS also provided Self-Empowerment Pledge. This is attached with your minutes.

#### **Special Presentations:**

##### **Liban Bule, Case Manager, Southeast Inc.**

Liban mentioned that he is working at Southeast Inc. with Somali refugees who are experiencing trauma and adjustment issues upon arrival to the United States. He shared some unique characteristics of the Somali culture and their view of mental health. Somali culture experiences barriers in literacy and language translation issues along with trauma. Many Somali teens have been born in refugee camps

and experience conflict with African American teens. This is being addressed with a program at Rosemont. The group is working with parents on 3 – 11 p.m. time frame which is a crucial time to supervise their children. Mental Illness is also viewed as very private and dealt with many times on a religious basis.

**Carla Darnell, Network Services Manager, ADAMH**

Agency Services Plan data presented to group. Various sections of the agency services plan were explained to the group. Emphasized that consumers are involved.

**Committee Reports:**

**Executive Committee** –Differentiation between CFAC leadership monies and Scholarship monies made and Guidelines for usage discussed. Use of leadership monies will be used for marketing and educational purposes.

**Volunteer Assessment Committee**—Six new people recruited in the last quarter and attended the CFAC orientation that was held on July 11. Informed group there was good attendance and good feedback on the surveys that were completed by the group that attended the orientation. This will be held quarterly. ADAMH staff training regarding working with volunteers was also held on same day and received good feedback from staff on completed surveys. This training will occur twice a year.

**Marketing Committee**— An event is occurring on 8/18 has volunteers to help. Senior Job Fair on 9/14/07 at Columbus State from 8:30 a.m. -1 p.m. needs volunteers to help.

**Education Committee**—Reiterated the need to fill out sign-in sheet completely to ensure we are representing population groups accurately. Shared the Summer 2007 Newsletter with the Council and everyone received a copy. This is also in your minutes this month. Newsletter for Fall is 11/05. Ideas and information can be shared with Katie Feick or Phil Hedden. Education Event/Seminar focusing on Recovery and Advocacy will occur on October 27<sup>th</sup> from 1 p.m. – 4 p.m. Location to be determined. Please contact the ADAMH Board, Phil Hedden regarding the location. Out of the Darkness Walk to support the **American Foundation for Suicide Prevention** will occur on September 9, 2007 at Fred Beekman Park on OSU West Campus, near Lane Avenue and Kenny. Registration is at 9 a.m. and walk begins at 10 a.m. Please see the flyer in the minutes for more detail. Call Katie at 885-0664 to join the CFAC team, **The Mighty Marchers for Mental Health**. A brochure which includes information regarding suicide as a major national health problem, a sponsor sheet and walker registration form is also included with your minutes.

**P.E.E.R. Center**— There have been **471** unique visitors to the Center as of **8/3/07**. This represents an increase of **12** new individuals who have utilized the Center since our last report.

Site Update: A letter was received from ODMH this week requesting a meeting regarding the additional funds for renovation. We will update when we know more.

**Steering Committee** - The monthly meeting is scheduled for today. Due to scheduling concerns, and a need to activate workgroups, the committee decided to combine the July / August meeting to allow for the workgroups to initiate their tasks. The meeting minutes will be forwarded upon completion.

**Collaboration Committee**—Continues to work cooperatively with P.E.E.R. Center and Mental Health America along with NAMI.

**CIT Training**—Neal and Phil—Next CIT training will be September 17 and Phil will be working with the family panel.

**ADAMH Involvement Committee**—Need to consider having backups to attend some of the ongoing committees in case the primary representative cannot attend. An example is DW not being able to attend Consumer Stat recently on a regular basis. Vanessa mentioned that she will be doing a presentation at the Columbus Health Dept. on 8/8 and at Huck House on 8/11. She would like people to call her and schedule a time to go with her on her future presentations. Shadowing her on presentations will give others background on how this process works and also need to have a pool of at least four people who will be willing to do presentations in the future after Vanessa's grant expires. Developing these future marketing members to do presentations for CFAC is vital. Transitioning people into these slots while Vanessa is doing this would be a good opportunity for people to learn and feel more comfortable to do this.

**Sunshine**—Thanks from Aleta for sending 'Get Well' card.

**Clinical Directors**—Laura continues involvement with Clinical Directors and feels this is very beneficial.

**Next meeting is Monday, September 10, from 4:30 p.m. – 6 p.m.**