

# The Consumer & Family Advocacy Council

Consumer & Family  
Advocacy Council  
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ADAMH Consumer  
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## Meeting Minutes April 7, 2008

**Present:** CFAC Members (See Sign-in Roster—27 members in attendance according to the sign in sheet along with 3 ADAMH staff members.)

**Staff:** Phil Hedden, Consumer and Family Advocate, Corinne McManus, Director of Public Affairs, Alisha Evans, Public Affairs Assistant.

**March 2008 meeting minutes—Laura.** Minutes were approved unanimously. Laura welcomed everyone and introductions were made. Sign-in roster was presented and it was emphasized that people need to not only put what population group they are representing, but also what agency they or their family member are / was receiving services from. People were also asked how they knew about CFAC and how they were introduced to the group. It was explained again that we are trying to track who is providing feedback to CFAC so we can target under-represented groups in order to get more diverse involvement in the group.

### News, Views, Announcements & CFAC Sharing

- Ingrid made several announcements including a COMFEST sign-in sheet for clean-up and security positions, which are paid positions. Several people signed up. CFAC members can get reimbursed through leadership monies but need to have valid proof of time spent on the job. She also mentioned other community events such as the Ohio Police and Fire Pension Fund Employees on April 9, from 10 a.m.-1 p.m., Ohio Public Employees Retirement Systems Employees from 9:30 a.m.-1:30 p.m., and City of Columbus Employees on May 14, from 8 a.m.-3pm. Contact Ingrid if interested in volunteering at the CFAC booth for events.
- Community Event to be held at Columbus State in Nestor Hall on April 10 from 9 a.m. - 2 p.m. for Alcohol Awareness Day and Laura volunteered to assist.
- Shared a copy of community events rules with the group. If interested in volunteering at a booth in the future and you need the rules, contact Ingrid.
- Corinne McManus, Director of Public Affairs emphasized that the sign-up sheet for NAMI Ohio Conference on May 9-10 at the downtown Hyatt Regency in Columbus needed to be submitted tomorrow (April 8). There were 24 slots. This sign-up sheet will be submitted to Corinne on Tuesday, April 8.
- Corinne also made an announcement about the upcoming Humor Workshop on Friday, May 16.
- Corinne made an announcement that a Board Member Slot will be open. The slot is open for a Family Member and is appointed by ODADAS. CFAC needs to forward to Susan Lewis Kaylor in writing their recommendation for the board spot no later than Thursday, May 1. The nominee needs to forward a bio summary/resume plus the completed ODADAS board application.

- Neal Edgar, MHA Ombudsman mentioned that Netcare will be having a Consumer and Family Member Forum on Tuesday, April 29 from 11:30 a.m.-1:00 p.m. and this could be good preparation for Phil Price's visit to CFAC on May 5.
- Ingrid passed out information for the Columbus Coalition for the Homeless and Street Speech.

### **SPECIAL PRESENTATION—CONNIE S. ON PET THERAPY**

Connie discussed (AAT) Animal Assisted therapy and the benefits it has on people with medical illnesses and also mental illness. She discussed the benefits of nurturing a pet and acceptance from the pet. She discussed touch being important. Connie mentioned that those that are receiving (AAT) improve and increase their socialization. Connie was very thorough with her presentation and it was well received by those in attendance. If you would like further detail regarding her presentation, Connie would be glad to speak with you.

### **Committee Reports**

**Executive Committee** –“Canvas” movie was excellent and many were in attendance to view this at the Drexel East. Doug DeVoe, CEO of OAMH will be facilitating the CFAC retreat at ADAMH on May 14, from 9:30 a.m. -3:30 p.m. and will be discussing Stigma Busting and Collaboration/Recruitment issues.

**Volunteer Assessment Committee**— Vanessa mentioned there will be an orientation for new members on Wednesday, April 30 from 3:30-5:00pm at ADAMH—447 E. Broad St.

**Marketing Committee**—Ingrid—7 Volunteers signed up for the COMFEST event to help with clean-up and security. Training session will be in June and Ingrid will keep all informed.

**Education Committee**—Katie—Passed out Netcare comments cards and retrieved them at the end of the meeting to prepare for Phil Price, Clinical Director of Netcare being at Full Council meeting to address these comments. Newsletter information gathered. Educational program focusing on SELF-ADVOCACY will be on Saturday, June 28 from 1 - 3pm at the P.E.E.R. Center.

**NAMIWALKS WALK: SATURDAY, MAY 3 AT FRED BECKMAN PARK OSU WEST CAMPUS 9AM REGISTRATION; 10AM WALK.** It is lots of fun!

**P.E.E.R. Center**—Andy S.—Construction still not start at new building for P.E.E.R. center and people vented their frustration.

**CIT Training**—Neal and Phil— Upcoming training will be the last week in April.

**ADAMH Involvement Committee**—Phil—IDDT/ACT RFR workgroup had Ellen R. involved and also Older Adults Integrated Health Care workgroup involved Andy S. Their involvement is much appreciated. Provider Stat Volunteers for the upcoming year will be Ron W., Aleta L., Christy M., Andy S.

**Sunshine**—.Aleta and Jason—Nancy D. will need a sympathy card as a family member has passed away. Jean B. needs a get well card.

**Clinical Directors**— Laura T.—Discussions continue regarding bed shortage at hospitals and possible step down transitional housing.

**Cooperation Committee**—Laura T.—Laura emphasized NAMI cooperative relationship and

upcoming Retreat with facilitation from Doug DeVoe, CEO of OAMH as being an opportunity to develop another cooperative relationship

**Liaison Committee**—Neal mentioned that he would be glad to meet with members individually if they are interested in being on an agency board. It was mentioned that people should attend their agency board meetings to get an idea of what occurs at the meetings.

**NEXT MEETING: Monday, June 2, 2008 from 4:30 – 6 p.m.**